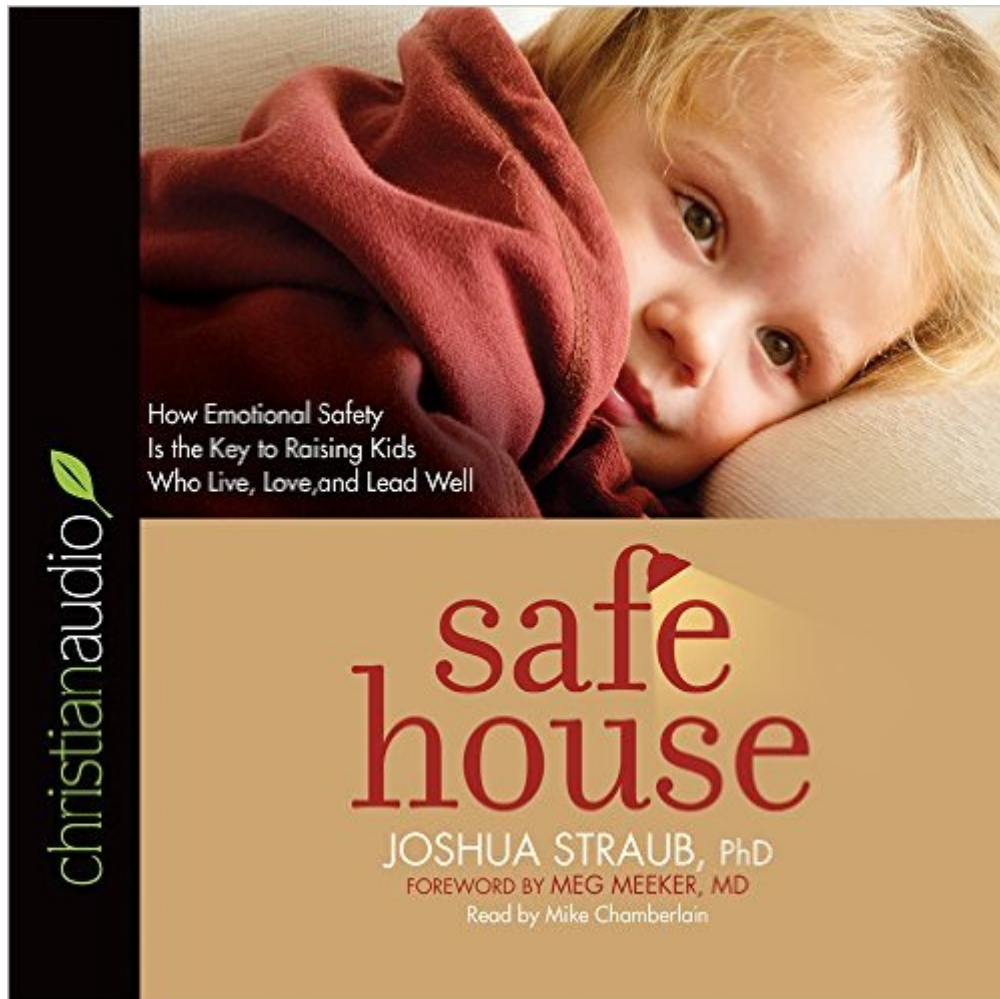


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# Safe House: How Emotional Safety Is The Key To Raising Kids Who Live, Love, And Lead Well



## Synopsis

Parenting isn't rocket science, it's just brain surgery. And Dr. Joshua Straub has good news for you: You can do it! You don't need to do all the "right" things as a parent. Both science and the Bible show us that the most important thing we can provide for our kids is a place of emotional safety. In other words, the posture from which we parent matters infinitely more than the techniques of parenting. Emotional safety "more than any other factor" is scientifically linked to raising kids who live, love, and lead well. Learn how to use emotional safety as a foundation from which you parent and make a cultural impact that could change the world! In *Safe House*, Dr. Straub draws from his extensive research and personal experience to help you:

- Foster healthy identity and social development in children of any age
- Win the war without getting overwhelmed in the daily battles
- Discipline in a way that builds relationship
- Understand how the culture is affecting your child and what you can do about it
- Cultivate responsible, self-regulating behavior in your kids
- Establish an unshakeable sense of faith, morality, and values in your home
- Feel more confident and peaceful as a parent
- Find a greater perspective on parenting than what you might see on a daily basis

## Book Information

Audio CD

Publisher: christianaudio; Unabridged edition (October 20, 2015)

Language: English

ISBN-10: 1633894665

ISBN-13: 978-1633894662

Product Dimensions: 6.4 x 0.6 x 5.4 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (38 customer reviews)

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## Customer Reviews

If you're looking for a book to give you step by step parenting advice on how to handle difficult children, "Safe House" by Joshua Straub, PhD, is not the one you're looking for. As a matter of fact, this book basically drew outside the lines of anything all the other parenting books has told me to do. If you're rather looking for a parenting book that will give ideas and 4 "walls" or

boundaries to base your parenting strategies on, then you would want to pick this book up. This is a good book for giving guidance on how to raise your children and to become part of the community you use to raise your children. Dr. Straub has spent 15 years counseling troubled adolescents and is now in the process of raising his own children and so this book is perfect at giving advice on a way to create a safe house within your family, your children, and your marriage. When I first started reading the book, I felt like a bad parent. I pretty much was miserably failing in providing some even walls based on grace and truth and exploration and protection. I am definitely better in some of those areas than others, just like I'm sure most parents are. Dr. Straub realizes that parents definitely have their strong areas and after introducing those boundaries to help raise your children, he acknowledges that as a parent you are probably feeling like you're doing a miserable job at about that point in the book and tells you that it is okay, you're not alone, and you can rewrite your parenting story. He delves into how our parental influences in our lives helped shape how we are as parents with our children and encourages you to literally write down your story as you read through the book, complete with thought provoking questions.

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